

CLASS PARTIES & BIRTHDAYS



Reviewed 2024

The canteen is well placed to expand their services beyond recess and lunch and advocate for healthy food and drinks .

Teachers will often organize special celebrations or events, for example end of year class parties, graduations, Easter and Christmas. These occasions are a great way to build camaraderie between students and celebrate a milestone or achievement. They also present an excellent opportunity to reinforce healthy eating messages taught during the year.

Food and drinks provided by teachers must comply with the Department of Education's Student Health Care Policy (including food and drinks). This means teachers must not provide any red items e.g. lollies, chocolates, soft drinks or chips and will look to the canteen for guidance.



Make it super easy for teachers by creating a classroom menu

Party drinks

- Sparking 99% fruit juice
- Smoothies made with reduced fat milk, yoghurt, a selection of seasonal fruit and ice
- Punch: add fresh mint and fruit to plain or sparkling water.

Party food

- Air popped popcorn
- Toasted pita bread and vegetables with dip
- Pizza
- Subway rolls
- Colourful fruit kebabs
- 99% fruit juice icy poles
- Reduced fat ice cream in cones dipped in Milo or coconut coloured with food colouring.

Birthday Buckets

Making **Birthday Buckets** available for parents to purchase for their child is another way to generate additional income. Pre-ordered and then sent to the classroom, this makes the child feel special and takes the task of providing something for the whole class a lot easier for parents, plus it's healthier too.

An icy pole for each child or mini muffins are perfect plus a special treat can be included for the child such as pencils, rubbers or stickers; an inexpensive purchase from reject shops.

