

# Christmas Watermelon Slushy



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Traffic light category: Green

Serves: 4 (260ml)



## Ingredients

- 4 cups (approx 700g) chopped, seedless watermelon
- 2 cups (approx 300g) frozen strawberries
- ½ cup mint roughly chopped, plus extra to garnish
- Juice of 1 lime (optional)

## Directions

1. Place all ingredients in a blender, blend until smooth
2. Serve immediately



### Options!

- Cut stars from watermelon and place on rim of the cup for a festive decoration
- If fruit isn't frozen add ice to the blender for a super cold slushy
- Substitute any frozen fruit for strawberries such as banana or mango
- Mix can also be frozen for a healthy icy pole treat

